ABSTRACT OF THE DISCOSURE

A basketball backboard and hoop apparatus and method including a basketball backboard and hoop assembly, a support arm for supporting the basketball backboard and hoop assembly, and a support element, wherein the support element provides support for the support arm, wherein the basketball backboard and hoop assembly is longitudinally moved along a horizontal plane or along any angle within 45 degrees of or about a horizontal plane from a first position inside a structure to a second position outside the structure, and further wherein the basketball backboard and hoop assembly is moved to an in-use position.